Puzzle corner: The Strange case of the steel helmet

In the First World War, why did head injuries increase when the metal helmet replaced the cloth cap as part of the British soldiers' uniform.

Some answers from children. Which is right? Is there a better answer?



The helmet was uncomfortable and soldiers therefore removed it entirely

Soldiers became more confident about their safety and took more chances

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When the sun was shining, it glinted on the metal helmet and identified the position of the target more clearly

As the helmet was heavy and cumbersome, the soldiers did not move as quickly or as nimbly as before

